



Assessment Tools for Fatality Review Teams

The National Center has collected a list of assessment tools that are relatively non-invasive and intended to assess burnout, social connections, psychological distress and vicarious trauma. These tools may be useful for your fatality review teams.

Social Connectedness Scale

This measures social connectedness which is how people come together and interact. Social connectedness is considered a measure of health and can impact physical and mental health. <https://depts.washington.edu/uwcscs/sites/default/files//Social%20Connectedness%20Scale-Revised.pdf>

Tools for assessing Resilience, Psychological Distress and Posttraumatic Stress Disorder (PTSD)

This tool is comprised of key assessments including the PTSD Checklist-Civilian Version (PCL-C), Connor-Davidson Resilience Scale (CD-RISC), Kessler Psychological Distress Scale (K-10) and Primary Care PTSD Screen (4-Item)

https://www.mirecc.va.gov/docs/visn6/3_PTSD_CheckList_and_Scoring.pdf

<http://www.connordavidson-resiliencescale.com/about.php>

https://www.hcp.med.harvard.edu/ncs/ftplib/k6/Self%20admin_K10.pdf

https://www.mirecc.va.gov/docs/visn6/2_primary_care_ptsd_screen.pdf

Self-Care Assessment

This self-care assessment is from Saakvitne and Pearlman from the Traumatic Stress Institute and can be retaken regularly. <https://4.files.edl.io/9e4b/06/25/18/182950-c4648d09-013c-41d0-8973-2b02f73a3a3f.pdf>

Maslach Burnout Inventory-Human Services Survey (MBI-HHS) for Medical Personnel

Recognized as a leader in measuring burnout for medical personnel and validated extensively in the 25 years since it's original publication. <https://www.mindgarden.com/315-mbi-human-services-survey-medical-personnel>

Mini-Z-Survey focused on work satisfaction/engagement for medical personnel

Eleven question survey that focuses on work satisfaction and engagement. This tool has been validated in a number of publications. <https://edhub.ama-assn.org/steps-forward/module/2702509#quiz>

National Academy of Medicine Instruments to measure burnout, well-being and other work-related dimensions

National Academy of Medicine provides a summary of established tools as well as benefits and limitations of each tool. <https://nam.edu/valid-reliable-survey-instruments-measure-burnout-well-work-related-dimensions/>

Well-Being Index that measures distress and well-being

Created by Mayo Clinic to measure dimensions of distress and well-being which includes likelihood of burnout, severe fatigue, suicidal ideation, quality of life, meaning in work, work-life integration, risk of medical error, dropout risk and overall well-being. <https://www.mededwebs.com/well-being-index>

View the National Center's resources on Vicarious Trauma

- Guidance on Vicarious Trauma: <https://bit.ly/2vs6Bgo>
- Tool kit on Vicarious Trauma: <https://bit.ly/2IPYU6O>

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