Black/White Equity in the opportunity to survive the 1st year of life . . .
A dream deferred

Wednesday, June 6, 2019
1:00 PM – 2:30 PM ET
Housekeeping Notes

- Webinar is being recorded and will be available within 2 weeks on our website: [www.ncfrp.org](http://www.ncfrp.org)
- All attendees will be muted and in listen only mode
- Questions can be typed into the “Questions” pane
  - Due to the large number of attendees, we may not be able to get to all questions in the time allotted
  - All unanswered questions will be posted with answers on the NCFRP website
About the National Center

• The National Center for Fatality Review and Prevention (NCFRP) is a resource and data center that supports child death review (CDR) and fetal and infant mortality review (FIMR) programs around the country.

• Supported with funding from the Maternal and Child Health Bureau at the Health Resources and Services Administration, the Center aligns with several MCHB priorities and performance and outcome measures such as:
  – Healthy pregnancy
  – Child and infant mortality
  – Injury prevention
  – Safe sleep
HRSA’s Overall Vision for NCFRP

• Through delivery of data, training, and technical support, NCFRP will assist state and community programs in:
  – Understanding how CDR and FIMR reviews can be used to address issues related to adverse maternal, infant, child, and adolescent outcomes
  – Improving the quality and effectiveness of CDR/FIMR processes
  – Increasing the availability and use of data to inform prevention efforts and for national dissemination

• Ultimate Goal:
  – Improving systems of care and outcomes for mothers, infants, children, and families
Acknowledgement

This webinar was made possible in part by Cooperative Agreement Numbers UG7MC28482 and UG7MC31831 from the US Department of Health and Human Services (HHS), Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB) as part of an award totaling $1,099,997 annually with 0 percent financed with non-governmental sources. Its contents are solely the responsibility of the authors and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
Presentation goals

• Review the Nation’s Black/White legacy regarding infant and child mortality
• Demonstrate how history and past discriminatory practices have contributed to racial disparities
• Present evidence that suggest racial disparity is ‘not natural”, but man-made
• Discuss Structural Determinants
• Suggest the importance of taking a Structural and Social Determinants approach to “undo” this disparity
Guest Speakers

Arthur R. James, MD, FACOG
“EQUITY” ... in infant mortality:

a dream deferred

Arthur R. James MD, FACOG
June 05, 2019

“Vicissitudes” Artist, Jason DeCaires Taylor
What happens to a dream deferred?

Does it dry up
Like a raisin in the sun?
Or fester like a sore –
And then run?
Does it stink like rotten meat?
Or crust and sugar over
Like a syrupy sweet?
Maybe it just sags
Like a heavy load

Or does it explode?

Harlem
by Langston Hughes
Objectives:

By the end of this lecture I hope to...
1. Review Nation’s Black:White legacy regarding infant mortality goals.
2. Demonstrate how history and past discriminatory practices have contributed to racial disparities
   a. Present evidence that suggest racial disparity is ‘not natural”, but man-made.
3. Discuss STRUCTURAL Determinants
   a. Suggest the importance of taking a STRUCTURAL and Social Determinants approach to “undo” this disparity.
4. Understand “Proportionate Universalism” or “Targeted Universalism”
5. 

2019
Disclosures:

I am a member of:

• Co-chair: March of Dimes/Centers for Disease Control’s Health Equity Work Group
• GABE Advisory Board
• Center for Excellence, University of Illinois @ Chicago, School of Public Health
• Global Infant Safe Sleep Center (GISS)
• Consultant: First Year Cleveland (FYC)
Conflict of Interest:

- None

I believe:

1. That the racial disparity in birth outcomes is the most problematic MCH challenge facing this nation.
2. That RACE is a social construct, not a biological construct.
   a. As such, I do not believe that our physiologic racial differences offer adequate explanation for maternal or infant morbidity and mortality disparities.
3. Racism, historical and contemporary, is a “root cause” contributor to disparities.
4. If the eradication of Racism was up to black people and/or people of color, it would have been resolved a long time ago.
   a. Governmental Agencies (i.e., HHS/HRSA), white people, and white organizations have to want to dismantle Racism and co-lead the charge to do so.
   i. Understanding this is essential for saving our mothers and babies.
Infant Mortality:

Definition: The death of any live born baby prior to his/her first birthday.

“The most sensitive index we possess of social welfare . . . ”

Julia Lathrop, Children’s Bureau, 1913

Slide prepared by R. Fournier RN, BSN
State of Michigan FIMR Director
“Infant mortality is a community mirror, reflecting our collective capacity to promote and protect the health and well-being of our very youngest and most vulnerable.”

(from City Lights, 9:2, p1)
Infant Mortality is:

Multi-factorial. Rates reflect a society’s commitment to the provision of:

1. High quality health care
2. *Adequate food and good nutrition
3. *Safe and stable housing
4. *A healthy psychological and physical environment
5. *Sufficient income to prevent impoverishment

“As such, our ability to prevent infant deaths and to address long-standing disparities in infant mortality rates between population groups is a barometer of our society’s commitment to the health and well-being of all women, children and families.”

* = non-clinical measure
National Infant Mortality Data:

- Overall IMR (over time)
- Characteristics of Black:White Racial Disparity in IMR
1980-2016: US Total IMR

53% improvement

Source: NCHS
US IMR, 1980-2016: Total, White, and Black Race

Source: NCHS
US IMR, 1980-2016: White and Black Race

“...our ability to prevent infant deaths and to address long-standing disparities in infant mortality rates between population groups is a barometer of our society’s commitment to the health and well-being of all women, children and families.”

Source: data from NCHS, quote from SACIM 2013
Black to White Racial Disparity in Infant Mortality:

1. **Disparity Ratio**: 2016 Black infant deaths more than **2x** that of Whites

2. **“Survival Interval”** or difference between black and white infants

3. **Healthy People**: Infant deaths in reference to Healthy People Goals
US IMR, 1980-2016: White and Black Race

Disparity Ratio:

47% improvement

56% improvement

Source: NCHS
Survival Interval/Gap:
The last year the W-IMR was comparable to the most recent B-IMR was 1978 @ 11.9. This suggests a 38-year survival time lag. If this pattern persists, black babies have to wait until the year 2054 to experience the same opportunity to survive the first year of life that White babies did in 2016.

Source: NCHS
Erasing the Gap(s):

To eliminate the disparity, we need to:
1. Improve the bimr at a faster pace than we improve the wimr
2. Must accomplish #1 w/o compromising the rate of improvement of wimr
The thought of striving to improve the rate of survival for one group at a faster pace than for another group BOTHERS many people...they complain that doing so would be immoral, unfair, unjust...
US IMR, 1980-2016: White and Black Race

47% improvement

...yet we have been doing this for decades and we have behaved as if this is “normal”...

56% improvement

Source: NCHS
USA Black:White Infant Mortality Rates, 1950-2000:

Source: National Center for Health Statistics, 2003
“Healthy People” History & IMRs:

• 1979-The Surgeon General’s Report on Health Promotion and Disease Prevention

• 1980- Promoting Health/Preventing Disease: Objectives for the Nation
  • 1985: “Heckler Report”: HHS Secretary’s report on racial disparities in health.
    • ID’d 6 areas of health that together accounted for > 80% of the mortality observed among Blacks and other minority groups in excess of that in Whites.
      • One of these areas was infant mortality.
    • Hoped that it would be the beginning of the end of racial health disparities

• 1990-Healthy People

• 2000-Healthy People

• 2010-Healthy People

• 2020-Healthy People
Healthy People 1990:

HP 1990 Goals: Overall IMR = 9 (a) and Black IMR = 12 (b). Achieved the Overall IMR for White babies in 1984 (x), 6-years in advance of the goal date.

Source: NCHS
HP 2000 Goals: Overall IMR = 7 (c) and Black IMR = 11 (d). Achieved the Overall IMR for White babies in 1992 (y), 8-years in advance of the goal date.

Source: NCHS
Healthy People 2010:

- 2 Overarching Goals
  - Increase the quality and years of healthy life
  - Eliminate health disparities
    - Only one IMR Goal (4.5) for the entire population

- 28 Focus Areas
  - Maternal Child Health

- 467 specific objectives
  - Infant Mortality: goal of 4.5 deaths/1,000 live births
    For the first time...one goal for all races
HP 2010 ONE Goal: IMR = 4.5 (e). Nationally, not achieved by Whites or Blacks. However, in 2010 achieved the HP 1990 Black IMR Goal of 12, 20-years later.

Source: NCHS
Recent Declines in Infant Mortality in the United States, 2005–2011

Marian F. MacDorman, Ph.D.; Donna L. Hoyert, Ph.D.; and T.J. Mathews, M.S.

Key findings
- Following a plateau from 2000 through 2005, the U.S. infant mortality rate declined 12% from 2005 through 2011. Declines for neonatal and postneonatal mortality were similar.
- From 2005 through 2011, infant mortality declined 16% for non-Hispanic black women and 12% for non-Hispanic white women.

Infant mortality is an important indicator of the health of a nation (1,2). This report describes the recent decline in the U.S. infant mortality rate from 2005 through 2011. Changes in infant mortality rates over time are examined by age at death, maternal race and ethnicity, cause of death, and state. The linked birth/infant death data set (linked file) is generally the preferred source for infant mortality rates by race and ethnicity (3,4). This is particularly important for racial and ethnic groups other than non-Hispanic white, non-Hispanic black, and Hispanic. For these three groups, rates calculated from the mortality and linked files have been very similar for many years, and trends are unlikely to differ (3–5). Thus, data from the mortality file are used for this analysis because of their greater timeliness (3,6). Data for 2011 are preliminary (6). Because preliminary data are not available by state, data for the 2005–2010 period were used for the geographic analysis.

http://www.cdc.gov/nchs/data/databriefs/db120.pdf
Recent Declines in Infant Mortality in the United States, 2005-2011

• Following a plateau, from 2000 through 2005, the US IMR declined 12% from 2005-2011.
  • Declines in the neonatal and postneonatal mortality rates were similar

• From 2005-2011 IMR declined
  • 16% for Black women
  • 12% for White women
  • 9% for Hispanic women

• IMR declined for 4 of the 5 leading causes of infant death from 2005-2011.

NCHS Data Brief, #120, April 2013
USA Black:White Infant Mortality Rates, 1950-2010:

Source: National Center for Health Statistics, 2012
Healthy People 2020
A society in which all people live long, healthy lives

Overarching Goals:

- Attain high quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups.
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development and healthy behaviors across all life stages.

www.cdc.gov/nchs/healthy_people/hp2020.html

Source: NCHS
Patterns/Trends:

Our Nation has a well established, racially determined pattern for achieving HP-IMR Goals. Based on 37-years of experience (1990-2016)...

- Achieved 3 of 4 Overall HP IMR Goals for White babies in advance of the goal dates...
- After nearly 4 decades achieved only 1 HP-Black IMR Goal and that was well after the goal date ...even when two of the BIMR goals were much higher than the WIMR Goals (1990, 2000)
Do Black babies matter?

Do black Babies matter as much as White babies?
Everyone says “yes”....

But, our actions don’t support this response?
Despite the data, there are many who believe that the Black IMR cannot improve. And many who do believe it can improve believe that it is as high/bad as it is because of group level flaws amongst those of us who are Black. Essentially nobody believes that it can be the same as the White IMR!
### 2011-2013 USA Infant Mortality Rates, by State and by Race, from Worse to Best:

<table>
<thead>
<tr>
<th>Overall:</th>
<th>White:</th>
<th>Black:</th>
<th>Hispanic:</th>
</tr>
</thead>
<tbody>
<tr>
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<td>6.01</td>
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<td>OH</td>
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<td>7.64</td>
<td>MS</td>
<td>MI</td>
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<td>PN</td>
</tr>
<tr>
<td>TN</td>
<td>7.16</td>
<td>TN</td>
<td>NC</td>
</tr>
</tbody>
</table>

*MA 4.21  *NJ 3.20  *MA 6.90  *IA 2.65

*Best Rates in Green*
For the past 27 years...

- In different neighborhoods
- Different demographics
- Different Races: Ghettoes, Barrios, Reservations
- Despite inadequate funding
- No matter how high risk the population
- No matter how under-resourced the community

**HS has REPEATEDLY produced IMRs better than the national average...**

"2015 Preliminary (100-site) Cumulative HS IMR = 4.8"

More than most MCH Organizations in this country, HS has proven to us that this disparity does not have to exist.
Why the disparity?
Social Determinants of Health:
Infant mortality is an internationally recognized measure of a society’s ability to provide food, housing, income, education, employment and health care to its citizens.
Clinical-Social Dyads (CSDs)
Infant Mortality:

- Premature Births
- Congenital Anomalies
- SUID
- Maternal pregnancy Complications
- Placental or cord anomalies

Arthur R. James
Infant Mortality:

- Premature Births
- Congenital Anomalies
- SUID
- Maternal pregnancy Complications
- Placental or cord anomalies

Social Determinants of Health/Lifecourse

Disparities

Arthur R. James
I think the non-clinical is at least as important as the clinical
I also think we make our best decisions in the area of overlap, where “clinical” and “non-clinical” work together for the best interest of the patient. I am also of the opinion that working in this area of overlap is part of the reason why programs like HS, Case-management, NFP, and Centering experience much of their success.
“[I]nequities in health [and] avoidable health inequalities arise because of the circumstances in which people grow, live, work, and age, and the systems put in place to deal with illness. The conditions in which people live and die are, in turn, shaped by political, social, and economic forces.”

In my opinion, this is probably how our public health investments and prescriptions should look.

art james
Many (most) of our Policy Prescriptions and Programmatic Interventions: try to help families “circumvent” obstacles...

Most of these programs help

BUT...most programs represent temporary solutions. Once pregnancy ends, we return families to the same circumstances that required help in the first place...and the cycle repeats itself pregnancy after pregnancy AND generation after generation.
YMP Component & BMA Element:
DEVELOP & IMPLEMENT STRATEGIES

Education
- Public Schools
- ESEA, Title I
- School Lunch & Breakfast
- Head Start
- IDEA
- After-School Programs
- Textbook Funding
- Tests & Achievement
- Teacher Issues
- GED

Health & Food
- Medi-Cal – EPSDT
- Healthy Families Parent Expansion
- Child Health & Disability Program
- Expanded Access Primary Care
- Trauma Case Funding
- Co-payments for ER Services
- Child Lead Poisoning Prevention Program
- Breast Cancer Screening
- Food Stamps
- WIC

Social Services
- Child Care – CCDBG, SSBG, CalWORKS Child Care, etc.
- TANF
- Child Care – CCDBG, SSBG, CalWORKS Child Care, etc.
- Expanded Access Primary Care
- Trauma Case Funding
- Co-payments for ER Services
- Child Lead Poisoning Prevention Program
- Breast Cancer Screening
- Food Stamps
- WIC

Child & Family Services
- Foster Care – Transition, Independent Living, Housing, etc.
- Adoption Assistance, Adoption Opportunities
- Child Care – CCDBG, SSBG, CalWORKS Child Care, etc.
- TANF
- Child Care – CCDBG, SSBG, CalWORKS Child Care, etc.
- Expanded Access Primary Care
- Trauma Case Funding
- Co-payments for ER Services
- Child Lead Poisoning Prevention Program
- Breast Cancer Screening
- Food Stamps
- WIC

Mental Health & Probation
- School-Based MH Services for Medi-Cal Kids
- Probation Officers in Schools
- Cardenas-Schiff Legislation
- Health Care Through Probation
- Mental Health Evaluations
- Juvenile Halls

Children’s Services in LA County Source: Margaret Dunkle, IEL

YMP Component & BMA Element: DEVELOP & IMPLEMENT STRATEGIES

- Mom
- Dad
- 9 year old
- 5 year old
- Baby 1 1/2
- Mom’s sister

Boyfriend in trouble
Why treat people’s illnesses without changing the conditions that made them sick?
(WHO Commission on Social Determinants of Health, 2008)
A Social Determinants approach: challenges us to “eliminate the obstacles”
I am often asked...which Social Determinants to improve?

Every community is different:

- Begin where you reach consensus
- Where the community has the most strength or greatest will (i.e., Education, Transportation, Employment, Housing, etc.)
- But schedule a time-table for on-boarding interventions that address all of the Social Determinants
“...a moral obligation, a matter of social justice.”

Our profession seeks not only to understand but also to improve things. Some doctors (and people in public health) feel queasy about the prospect of social action to improve health, which smacks of social engineering. Yet, a clinician faced with a suffering patient has an obligation to make things better. If she sees 100 patients the obligation extends to all of them. And if a society is making people sick? We have a duty to do what we can to improve the public’s health and to reduce health inequalities in social groups where these are avoidable and hence inequitable or unfair. This duty is a moral obligation, a matter of social justice.”

Professor Sir Michael Marmot, lecture to the Royal College of Medicine, October 2006
Determinants of Population Health and Health Inequalities

- Social and Economic Policies
- Institutions (including medical care)
- Living Conditions
- Social Relationships
- Individual Risk Factors
  - Genetic/Constitutional Factors
  - Pathophysiologic pathways
- Individual/Population Health

Kaplan, 2002
The Circles of Influence:

The health of the mother and fetus rely on **more than just prenatal care**.

- **“While the mother is the environment of the developing fetus, the community is the environment of the mother.”** Dr. Lawrence Wallack, “Going Upstream for the Health of the Next Generation”

- **“When a flower doesn't bloom, you fix the environment in which it grows, not the flower”**
  
  Alexander Den Heijer

Slide used with permission from Mariela Uribe, Alameda County Best Baby Zone
The Basic Idea:
Socioeconomic position, race/ethnicity and gender all structure the likelihood of multiple exposures at multiple points in time – over the entire lifecourse from conception to old age.

It is this life-long cascade of interacting multiple exposures, balanced against available resources, that are the important determinants of how social inequalities leave their imprint as health disparities.

“Poverty”, and “Race” are intertwined...with each making the other worse. Racism represents a particularly damaging and pervasive exposure. For the poor, it is the venom in the bite of poverty. It is intricately woven into every domain of American life and has cumulative detrimental effects throughout an individual’s lifetime, across all domains, and across generations.
EQUITY/Stress:
Executive Summary

Immigration policy has been and continues to be a controversial topic in the U.S. Over the course of the election and since taking office, President Trump has intensified national debate about immigration as he has implemented policies to enhance immigration enforcement and restrict the entry of immigrants from selected countries the Administration believes may pose a threat to the country. The climate surrounding these policies and this debate potentially affect 23 million noncitizens in the U.S., including both lawfully present and undocumented immigrants, many of whom came to the U.S. seeking safety and improved opportunities for their families.1 They also have implications for the over 12 million children who live with a noncitizen parent who are predominantly U.S-born citizen children.2
On July 7, 2016, in our Minneapolis community, Philando Castile was shot and killed by a police officer in the presence of his girlfriend and her 4-year-old daughter. Acknowledging the role of racism in Castile’s death, Minnesota Governor Mark Dayton asked rhetorically, “Would this have happened if those passengers [and] the driver were white? I don’t think it would have.” Such a question is the subject of increasing scrutiny in the medical literature. Most physicians are not explicitly racist and are committed to treating all patients equally. However, they operate in an inherently racist system. Structural racism is insidious, and we believe that as clinicians and researchers, we wield power, privilege, and responsibility for dismantling structural racism — and we have a few recommendations for clinicians and researchers who wish to do so.

First, learn about, understand, and accept the United States’ racist roots. Structural racism is born of a doctrine of white supremacy that was developed to justify mass oppression. Other nations, such as South Africa, experienced the same type of structural racism. In the United States, structural racism is a long-standing and complex phenomenon that affects all aspects of society, including healthcare. To address structural racism, it is necessary to have a deep understanding of its roots and how it continues to affect us today.
We pose a similar question regarding the survival of black babies...would we tolerate these high rates of infant death if we knew our babies could survive at a better rate...and the dying babies were White?

Structural Racism and Supporting Black Lives — The Role of Health Professionals


On July 7, 2016, in our Minneapolis community, Philando Castile was shot and killed by a police officer in the presence of his girlfriend and her 4-year-old daughter. Acknowledging the role of racism in Castile’s death, Minnesota Governor Mark Dayton asked rhetorically, “Would this have happened if those passengers [and] the driver were white? I don’t think it would have.” Such beliefs are not uncommon. In a 2014 poll, 62% of white Americans said that police officers are more likely to use deadly force if they know the victim is black. We believe that as clinicians and researchers, we wield power, privilege, and responsibility for dismantling structural racism — and we have a few recommendations for clinicians and researchers who wish to do so.

First, learn about, understand, and accept the United States’ racist roots. Structural racism is born of a doctrine of white supremacy that was developed to justify mass oppression.
What does history tell us about how our cities took shape?

STRUCTURAL Determinants (policies/systems/"isms")

CONDITIONS (Social Determinants)

CONSEQUENCES ("marginalization", increased risk for compromised outcomes)
A common observation in cases of comorbidity is for one disease to promote or enhance the contagiousness of another disease by facilitating its access through body defenses to susceptible tissues.

Slide borrowed from Dr. Paula Braveman
### African American Citizenship Status: 1619-2019

<table>
<thead>
<tr>
<th>Time Span:</th>
<th>Status:</th>
<th>Years:</th>
<th>% U.S. Experience:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1619-1865</td>
<td><strong>Slaves:</strong> “Chattel”</td>
<td>246</td>
<td>61.5%</td>
</tr>
<tr>
<td>1865-1964</td>
<td><strong>Jim Crow:</strong> virtually no Citizenship rights</td>
<td>99</td>
<td>24.5%</td>
</tr>
<tr>
<td>1964-2019*</td>
<td>“Equal”</td>
<td>55</td>
<td>14%</td>
</tr>
<tr>
<td>1619-2019</td>
<td>“Struggle” “Unfairness”</td>
<td>400</td>
<td>100%</td>
</tr>
</tbody>
</table>

* USA struggles to transition from segregation & discrimination to integration of AA’s

Time-line of African American Experience:

Slavery: 246 yrs. 61.5% of time
Jim Crow: 99 yrs. 24.5% of time
Since CRA*: 55 yrs. 14% of time

86% of the AA experience either as Slaves or under Jim Crow

*CRA: Civil Rights Act
Brief History of the African American Experience:
246 years of being treated as if you are someone’s property
• At least 12-generations
  • Born a slave, expected to die a slave
• Worked from sun-up to sun-down
• Beaten/Whipped/Raped/Hung
• Illegal to learn to read
• By 1865 the USA was the largest slaveholding country in the world!
Civil War: 1861-1865

Deadliest war in American History:
- Estimated between 620,000 – 750,000 soldiers died
  - Total does not include civilian deaths
- Northern (Union) victory “ended slavery”
Civil War Amendments

- **13th Amendment**
  - Abolishes slavery

- **14th Amendment**
  - Makes former slaves citizens of the U.S.
  - All people born in the U.S. (except Indians or visitors) are citizens

- **15th Amendment**
  - Gives all men the right to vote, regardless of "race, color, or previous condition of servitude"
Reconstruction Era: 1865-1877

African Americans vote for the first time.

(1867 on the cover of Harper’s Weekly)

Engraving by Alfred R. Waud
The first black senator, H.R. Revels of Mississippi (far left) and representatives in the 41st and 42nd Congress of the United States during Reconstruction. On view in The Rights of All Blacks and the U.S. Constitution at the Schomburg Center for Research in Black Culture, 135th Street and Lenox Avenue, April 26 to July 25, 1987.

Reconstruction Era: 1865-1877:

Sketched group portrait of the first black senator, Hiram Revels, as well as black representatives in Congress during the Reconstruction Era. Circa 1870-1875.
Despite federal intervention, white supremacist organizations like the Ku Klux Klan and The White League terrorized African-Americans in the South. Early in Reconstruction, the federal government was able to curtail some of the violence, but as the Southern states rejoined the U.S. government, and laws restricting Confederates from holding office were done away with, Southern states passed laws restricting the federal government from intervening to help black Americans in the South.
Jim Crow Era: 1865-1960s

1866: Ku Klux Klan founded: terrorization of Blacks, Jews and other groups.

The memorial captures the brutality and the scale of lynchings throughout the South, where more than 4,000 black men, women and children, died at the hands of white mobs between 1877 and 1950. Most were in response to perceived infractions – walking behind a white woman, attempting to quit a job, reporting a crime or organizing sharecroppers.

Data from the Archives of Tuskegee University

Figure 14.1 Lynching of Blacks per year, 1882-1964.
Jim Crow Era: 1865-1960s

1866: Ku Klux Klan founded: terrorization of Blacks.

1870s – 1960s: Jim Crow laws were laws created to enforce racial segregation and preserve the southern way of life. Under the Jim Crow system, “whites only” and “colored” signs proliferated across the South at water fountains, restrooms, bus waiting areas, movie theaters, swimming pools, and public schools. African Americans who dared to challenge segregation faced arrest or violent reprisal.
Jim Crow Era: 1865-1960s

1866: Ku Klux Klan founded: terrorization of Blacks.

1870s – 1960s: Jim Crow laws were laws created to enforce racial segregation and preserve the southern way of life. Under the Jim Crow system, “whites only” and “colored” signs proliferated across the South at water fountains, restrooms, bus waiting areas, movie theaters, swimming pools, and public schools. African Americans who dared to challenge segregation faced arrest or violent reprisal.

In 1896, the Supreme Court declared Jim Crow segregation legal in the Plessy v. Ferguson decision. The Court ruled that “separate but equal” accommodations for African Americans were permitted under the Constitution. This helped “legitimize” Jim Crow segregation and facilitated its adoption across much of the entire United States.
1866: Ku Klux Klan founded: terrorization of Blacks and Jews.

1870s – 1960s: Jim Crow laws

1865-1961: Neo-Slavery. Under laws enacted specifically to intimidate blacks, tens of thousands of African Americans were arbitrarily arrested, hit with outrageous fines, and charged for the costs of their own arrests. With no means to pay these ostensible “debts,” prisoners were sold as forced laborers to coal mines, lumber camps, brickyards, railroads, quarries and farm plantations. Thousands of other African Americans were simply seized by southern landowners and compelled into years of involuntary servitude.

Government officials leased falsely imprisoned blacks to small-town entrepreneurs, provincial farmers, and dozens of corporations—including U.S. Steel Corp.—looking for cheap and abundant labor. Armies of “free” black men labored without compensation, were repeatedly bought and sold, and were forced through beatings and physical torture to do the bidding of white masters for decades after the official abolition of American slavery.
1866: Ku Klux Klan founded: terrorization of Blacks and Jews.

1870s – 1960s: Jim Crow laws

1865-1961: Neo-Slavery.

1932 – 1972: The Tuskegee Experiment was a notorious medical research project involving 389 poor African-American men that took place from 1932 to 1972 in Macon County, Alabama. The men in the study had syphilis, a sexually transmitted infection, but didn’t know it. Instead they were told they had “bad blood” and given placebos, even after the disease became treatable with penicillin in the 1940s.

- By the end of the study, only 74 of the test subjects were still alive. Twenty-eight of the men had died directly of syphilis, 100 were dead of related complications, 40 of their wives had been infected, and 19 of their children had been born with congenital syphilis.
Jim Crow Era: 1865-1960s

1866: Ku Klux Klan founded: terrorization of Blacks and Jews.

1870s – 1960s: Jim Crow laws

1865- 1961: Neo-Slavery.

1932 – 1972: The Tuskegee Experiment

1930s – now: Housing discrimination. Restrictive Covenants, Redlining, etc..

According to Richard Rothstein: “Today’s residential segregation is not the unintended consequence of individual choices and of otherwise well-meaning law or regulation but of unhidden public policy that explicitly segregated every metropolitan area in the United States. The policy was so systemic and forceful that its effects endure to the present time.”
Jim Crow Era: 1865-1960s

1930s – now: Housing discrimination

“Of the 171 largest cities in the U.S., there is not even one city where whites live in equal conditions to those of blacks.

The worst urban context in which whites reside is considerably better than the average context of black communities.”

Sampson & Wilson 1995
Jim Crow Era: 1865-1960s

1866: Ku Klux Klan founded: terrorization of Blacks and Jews.

1870s – 1960s: Jim Crow laws

1865-1961: Neo-Slavery.

1932 – 1972: The Tuskegee Experiment

1930s – now: Housing discrimination.

1944 -- The GI Bill “Instead of seizing the opportunity to end institutionalized racism, the federal government did its best to shut and double seal the postwar window of opportunity in African Americans’ faces. It consistently refused to combat segregation in the social institutions that were key for upward mobility: education, housing, and employment. Moreover, federal programs that were themselves designed to assist demobilized (returning) GIs and young families systematically discriminated against African Americans.” (Paula S. Rothenberg, White Privilege: Essential Readings on the Other Side of Racism)
1944: The GI Bill, a series of programs that poured $95 billion into expanding opportunity for soldiers returning from World War II. The G.I. Bill helped 16 million veterans attend college, receive job training, start businesses and purchase their first homes.

African-American veterans received significantly less help from the G.I. Bill than their white counterparts. Written under Southern auspices, "the law was deliberately designed to accommodate Jim Crow." It was "as though the G.I. Bill had been earmarked 'For White Veterans Only.' " Southern Congressional leaders made certain that the programs were directed not by Washington but by local white officials, businessmen, bankers and college administrators who would honor past practices. As a result, thousands of black veterans in the South -- and the North as well -- were denied housing and business loans, as well as admission to whites-only colleges and universities. They were also excluded from job-training programs for careers in promising new fields like radio and electrical work, commercial photography and mechanics. Instead, most African-Americans were channeled toward traditional, low-paying "black jobs" and small black colleges, which were pitifully underfinanced and ill equipped to meet the needs of a surging enrollment of returning soldiers.

WHEN AFFIRMATIVE ACTION WAS WHITE An Untold History of Racial Inequality in Twentieth-Century America. By Ira Katznelson
After passage of the Civil Rights Act: 1964 -- now
Post Civil Rights Act: 1964 -- present

EQUITY? We keep knocking on this door... “the same analysis, the same recommendations, and the same inaction.” Dr. Kenneth B. Clark

• And during my life time...
  • Brown vs. Board of Education (1954)
  • Sit-in Movement of the 1960s
  • Freedom Riders
  • Birmingham Protests
  • The March on Washington
  • Civil Rights Act (1964)
  • Mississippi Freedom Rides
  • Selma to Montgomery March
  • Voting Rights Act (eroded)
  • Race Riots of the 1960s
  • Kerner Commission Report (1968)
    • No Action
  • “Black Power”, Malcolm X
  • Dr. Martin Luther King, Jr.
  • Affirmative Action (now, essentially gone)
  • Current Urban Unrest...
    • Police shootings
    • Black Lives Matter
  • Take a Knee

Black America
1965 Voting Rights Act: was ratified by Congress and signed by President Lyndon B. Johnson in 1965 to address discrimination at voting and registration booths that made it difficult for blacks to vote. Some states were requiring blacks to pass literacy tests and answer questions on complex points of law, while white citizens weren't required to meet any literacy requirements. The Voting Rights Act put the federal government -- rather than individual states -- in charge of monitoring and establishing voting procedures.

After the Civil War, the 15th Amendment, ratified in 1870, prohibited states from denying a male citizen the right to vote based on “race, color or previous condition of servitude.” Nevertheless, in the ensuing decades, various discriminatory practices were used to prevent African Americans, particularly those in the South, from exercising their right to vote.

During the civil rights movement of the 1950s and 1960s, voting rights activists in the South were subjected to various forms of mistreatment and violence. One event that outraged many Americans occurred on March 7, 1965, when peaceful participants in a Selma to Montgomery march for voting rights were met by Alabama state troopers who attacked them with nightsticks, tear gas and whips after they refused to turn back.

Sources: [https://www.history.com/topics/black-history/voting-rights-act](https://www.history.com/topics/black-history/voting-rights-act)  
Polling Place

Polling Place

DID YOU HAVE TO WAIT LONG?

ONLY A FEW HUNDRED YEARS
Our nation is moving toward two societies, one black, one white—separate and unequal.

1965: Voting Rights Act: needed despite 1870 adoption of the 15th Amendment

1968: Kerner Commission Report:

“Our nation is moving toward two societies, one black, one white—separate and unequal.”
1968 Kerner Commission Report:
‘I must again in candor say to you members of this Commission--it is a kind of Alice in Wonderland--with the same moving picture re-shown over and over again, the same analysis, the same recommendations, and the same inaction.’ (Dr. Kenneth B Clark)

Every 10-year updates of the original 1968 report: document disparities are getting worse...

• 1978
• 1988
• 1998
• 2008
• 2018: “Healing Our Divided Society” (2/2018)
Post Civil Rights Act: 1964 -- present

1965: Voting Rights Act: needed despite 1870 adoption of the 15th Amendment

1968: Kerner Commission Report:

1968-now: War on Drugs/Mass Incarceration
Mass incarceration in America:
Aide says Nixon's war on drugs targeted blacks & hippies:

Washington (CNN): One of Richard Nixon's top advisers and a key figure in the Watergate scandal said the war on drugs was created as a political tool to fight blacks and hippies, according to a 22-year-old interview recently published in Harper's Magazine.

October 14, 1982, President Ronald Reagan re-declared a “war on drugs,” doubling-down on an initiative that was started by Richard Nixon. Reagan declared that illicit drugs were a direct threat to U.S. national security and through a series of legislation, like the mandatory minimum sentencing laws of 1986, made a hard right turn away from a public health approach to drug use.

By creating mandatory minimum sentencing, drug offenders faced lifetime consequences for minor infractions, yet the focus on tough sentences for crack and not powder cocaine meant the people going to prison were largely black and brown. The media seemed to play along, hyping up threats with racist coverage that largely ignored rampant cocaine use amongst whites and sensationalized the crack problem in inner-city black neighborhoods.

“The War on Drugs is a war on people, but particularly it’s been a war on low-income people and a war on minorities. We know in the United States of America there is no difference in drug use between black, white and Latinos.

But compared to whites, Latinos experience a 2x increased risk of arrest for drug use, and Blacks a 4x increased risk.

This drug war has done much to destroy, undermine, sabotage families, communities, neighborhoods, & cities.”

Cory Booker
“The war on drugs has been the engine of mass incarceration. Drug convictions alone constituted about two-thirds of the increase in the federal prison population and more than half of the increase in the state prison population between 1985 and 2000...”

Michelle Alexander, The New Jim Crow: Mass Incarceration in the Age of Colorblindness
Figure 14.16 Arrests for Drug Offences, 1971-2001

Source: Bruce Western, Punishment and Inequality in America (New York: Russell Sage Foundation, 2006), p.46
The population of the USA did not change. People of color did not change. It was a change in our policies, systems and practices that resulted in this increased incarceration rate...policies that preferentially punished certain groups while simultaneously intentionally ignoring others who committed the same or similar crimes.

Source: Bureau of Justice Statistics Prisoners Series.
NOW THAT’S WHAT I CALL A HANDY ENFORCEMENT TOOL!
Criminal Records Nationally:

Disproportionate impact on certain communities

Lifetime Likelihood of Imprisonment

- All Men: 1 in 9
- White Men: 1 in 17
- Black Men: 1 in 3
- Latino Men: 1 in 6

- All Women: 1 in 56
- White Women: 1 in 111
- Black Women: 1 in 18
- Latina Women: 1 in 45

# Incarceration Rates Among Founding NATO Members

<table>
<thead>
<tr>
<th>Country</th>
<th>Incarceration Rate (per 100,000 population)</th>
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<tr>
<td>United Kingdom</td>
<td>145</td>
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<tr>
<td>Portugal</td>
<td>139</td>
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<tr>
<td>Luxembourg</td>
<td>120</td>
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<tr>
<td>Canada</td>
<td>114</td>
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<td>France</td>
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<td>Norway</td>
<td>70</td>
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<tr>
<td>Netherlands</td>
<td>69</td>
</tr>
<tr>
<td>Denmark</td>
<td>61</td>
</tr>
</tbody>
</table>

When President Nixon declared war on drugs on June 17, 1971, about 110 people per 100,000 in the population were incarcerated. Today, we have 2-3 million prisoners: 743 people per 100,000 in the population.

The U.S. has 5% of the world’s population, but 25% of its prisoners.
The United States imprisons a higher portion of its population than any country in the world. In 2017 we had 2.2 million people in prisons and jails, a 500 percent increase over the last forty years. We now have almost 5 percent of the world’s population and nearly a quarter of its prisoners.

“... profit motive has shaped America’s prison system for the last 250 years. Private prisons do not drive mass incarceration today; they merely profit from it. Who will end up in prison is not determined by the prisons but by police, prosecutors, and judges. The reasons for our overinflated prison system are complex and highly debated, but few scholars deny that racism has been a major factor.”

Post Civil Rights Act: 1964 -- present

1965: Voting Rights Act: needed despite 1870 adoption of the 15th Amendment

1968: Kerner Commission Report:

1968-now: War on Drugs/Mass Incarceration

1970-now: Today’s racialized response to drug users
1970-now:
The USA criminalized response to CRACK Cocaine: devastating communities of color

Now:
The USA medicalized response to Opioids: 85-90% White & much more lethal than Crack (64,000 overdose deaths primarily from Opioids in 2016)
The second paragraph of America's founding document states:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness."
Events like Hurricane Katrina, the increased incidence of killing unarmed black people, our country’s high incarceration rate of POC... & our disparate IMRs all remind us that not all of us benefit from this Declaration equally.
Time-line of African American Experience:

- Slavery: 246 yrs. (61.5% of time)
- Jim Crow: 99 yrs. (24.5% of time)
- Post-CRA*: 55 yrs. (14% of time)

86% of the AA experience either as Slaves or under Jim Crow

Hx. characterized by an uninterrupted continuum of providing substantial advantage to Whites while, simultaneously, exposing African Americans to substantial disadvantage.

* CRA: Civil Rights Act
“Disparities in health, education, employment, and wealth, along with persistent residential segregation, are vestiges of a long history of oppression and denial of fundamental human rights.

The legacy of racial injustice shadows this nation and African American Communities in the form of persistent infant (and maternal) mortality disparities.

True healing must emerge through acknowledgement, reconciliation, and amelioration of the inequalities that continue to disproportionately burden African Americans and other people of color.”

Dr. Gail Christopher, 2005
“Focusing on prenatal care in our public health policy prescription for infant (and maternal) mortality disparities:

• ignores the historical and socioeconomic context in which women and people of color live,

• medicalizes a problem that is socially and historically complex, and thus

• contributes to the illusion that there is a ‘medical policy bullet’ that can provide a comprehensive and efficacious solution”

Frisch & Lantz 1999
Racial Disparities: “are not natural”... we made it this way?

We often perceive racial health disparities as consequences of “nature”. As such, we convince ourselves that these differences are “fixed” or “hardwired”; a part of what is different about us as people and therefore cannot be changed.

Similarly, we also often see America as it is instead of an America as it should be...and we accept the difference between the two as “normal”.

However, these disparities are differences that we created, differences that occur as a consequence of systems that we put into place. Therefore, we know they can be changed and would suggest that their persistence is in part because of our unwillingness to “undo” what we have done.
What’s our Goal?

- Poverty Reduction
- Access to Care
- Immigrant Deportation
- Neighborhood Revitalization

Health Equity

- Universal Health Insurance
- Access to Care
- Poverty Reduction
- Decrease Health Disparities
- Cultural Competency
- Immigrant Deportation
“Social inequality kills. It deprives individuals and communities of a healthy start in life, increases their burden of disability and disease, and brings early death.

- Poverty and discrimination,
- Inadequate medical care,
- and violation of human rights all act as powerful social determinants of who lives and who dies, at what age, and with what degree of suffering.”

EQUITY should be our primary goal...all else is derivative
According to the Annie E. Casey Foundation:

“Race holds a central place in our society’s deepest and most persistent patterns of social inequities, exclusion and divisions. Racial disparities, discrimination and segregation are widespread and continue to undermine our nation’s social fabric. Without equity, economic stratification and social instability will continue to increase and far too many families and children will continue to lag behind. Without inclusion, many are marginalized economically, politically and culturally, facing bias and barriers when seeking basic opportunities for security and advancement.”

Source: Annie E. Casey, September 2018
The danger of being pregnant and black in America

In the US, women of color face more risks in pregnancy and childbirth than white women, and the reason for the disparity has become clear: racism
Why America’s Black Mothers and Babies Are in a Life-or-Death Crisis

The answer to the disparity in death rates has everything to do with the lived experience of being a black woman in America.

By LINDA VILLAROSA APRIL 11, 2018
Why are black mothers and babies in the United States dying at more than double the rate of white mothers and babies? The answer has everything to do with the lived experience of being a black woman in America.

By Linda Villarosa
4/11/2018
Being Black in America Can Be Hazardous to Your Health

In Baltimore and other segregated cities, the life-expectancy gap between African Americans and whites is as much as 20 years. One young woman's struggle shows why.
Milwaukee County Declares Racism a Public Health Crisis. Will More Cities Follow Suit?

Anne Branigin
5/21/19 10:37am
Our sobering Reality:

Despite having sacrificed a tremendous # of lives in a Civil War that ended Slavery…within 12-years our government essentially abandoned the freed slaves in exchange for providing State’s Rights and the re-estblishment of the “Southern Way of Life”. As of today this “way of life” marginalizes and demeans African Americans and other people of color & it has spread throughout the entire USA (housing discrimination, racially restrictive covenants, suppression of voting rights, gerrymandering, separate but equal, DACA, police shootings, the manner by which our national leadership demeans people of color, etc.)

• The NORTH won the Civil War, but the “SOUTH” seems to have won the peace!

At the end of the Civil War the United States was the largest Slave-holding Country in the world. Fast forward 100-years and our country has arrested enough of the descendants of those slaves that now the United States of America has the highest incarceration rate of any nation on earth.

Bottom-line: As citizens of the United States of America, African Americans are dependent on the same government that enslaved and oppresses us…to SAVE US! And after nearly 400-years, this government has proven that being fair to us is not something its been willing to consistently commit to.

art james
Regions of the USA through a Racial EQUITY lens...
Eliminate Excuses:
We continue to find excuses to avoid eliminating racial disparities...But, we must muster the courage to go through this door.

Arthur R. James MD
Relationship:

“Inclusion”
No more about us without us

STOP trying to fix the Black Community for the Black Community
Proportionate Universalism or “Targeted Universalism”
Aim for Equity – Not Equality...while understanding our Reality.
Socio-economic status

Life expectancy

Proportionate Universalism
Proportionate Universalism

Desired population life expectancy

Socio-economic status vs. Life expectancy

- Low Socio-economic status vs. Low Life expectancy
- Low Socio-economic status vs. High Life expectancy
- High Socio-economic status vs. High Life expectancy
Proportionate Universalism

Socio-economic status vs. Life expectancy

- Low to High proportionate universalism
- Resource allocation indicated by red diamond symbol
Key themes from the evidence

• Reducing health inequalities is a matter of social justice – where inequality is avoidable by policy means it is unfair and unjust.

• Health inequalities result from social inequalities – requires action on the social determinants – the causes of the causes

• **Action across all the policy objectives is necessary across the social gradient with a scale and intensity proportionate to the level of disadvantage.** (Proportionate universalism)

• Reducing health inequalities is vital for the economy – cost of inaction immense.

• Concerted action with a shift to prevention across central and local government, the NHS, 3rd and private sectors and community groups.

• Empowering individuals and communities reduce health inequalities.
Life Course:
A 12-Point Plan to Address MCH Across the Life Course

**Improving Health Care Services**

1. Provide interconception care
2. Increase access to preconception care
3. Improve the quality of prenatal care
4. Expand health care access over the life course

5. Strengthen father involvement in families

6. Enhance service coordination and systems integration
7. Create reproductive social capital in communities
8. Invest in community mental health, social support, and urban renewal

**Addressing social and economic inequities**

9. Close the education gap
10. Reduce poverty
11. Support working mothers and families
12. Undo racism

---

It takes a Village...

(no single organization has the resources, scope of influence or expertise to eliminate racial disparities in infant mortality by themselves...it will take all of us)
Infant Mortality Reduction is not a sprint, it is a “Relay-Marathon” … and it takes the entire Village

**Policy**
- Systems
- Regulations
- State Agencies
- Family Planning
- Health Departments
- Justice/Injustice
- EQUITY/inequity
- Inclusion/Marginalization
- Federal/State/Local

**Public Health**
- PCMH
- Access
- Insurance
- Quality Care
- Preconception
- Inter-conception
- One Key Question
- Family Planning
- Culturally Sensitive
- Language barriers

**Obstetrical**
- Hospitals
- Clinics
- Nurses
- Doctors
- WIC
- NICUs
- Breastfeeding
- Safe Sleep
- LBW/Preterm

**Clinical**
- Church
- Food security
- Safety
- Support Network
- Crime
- Drugs
- Abandoned Houses
- Day Care
- Gangs

**Community:**
- Business
- Schools
- Transportation
- Jobs/employment
- Housing
- Local Government
- Public Safety
- Racism
- Green Space
- Etc.

**Mother & Family**
- Father involvement
- Married
- Single parenthood
- IPV
- Poverty
- Diet
- Age
- Health
- Capacity of parents to care for themselves & their children

**Pediatric**
- Neighborhood
- Support Network
- Day Care
- Gangs
Advocacy can be challenging because, as individuals, some (many) of us work for organizations that prohibit advocacy -- or the organization might insist that you can only say what they approve of...even if it is not always in the best interest of improving infant mortality or improving the racial disparity in birth outcomes. You have to follow your personal “moral compass.”

Advocacy:

By themselves are not good enough...

we must advocate AND mobilize to save our babies.

“Strong Science”

“Pristine Evidence”

art james
Every Baby Matters...

- White, Black, Brown, or Yellow
- Rich or Poor
- Rural or Urban
- From the North, South, East or West
- Republican or Democrat
- From a family that is “Right-to-Life” or “Pro-Choice”
- Citizen or Immigrant
- Teen or Older Mom
- Whether or not Mom uses drugs, drinks Alcohol, or smokes cigarettes
- College graduate or not, your position MUST be that...

Any baby who takes her or his first breath within the borders of the USA is our responsibility and we can and must do better!

art james
Kalamazoo County, Michigan IMR, 3-year aggregates, from 1980-2013, by Black, White Race

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</table>
“The only thing necessary for the triumph of evil is for good men and women to do (and say) nothing.”

Edmund Burke
Issues to deal with if we are to achieve EQUITY:

- Racism: reconciliation
- Capitalism: distribution of wealth
  - Disparity is built into Capitalism
    - So is EXPLOITATION!!!
- Passivism: our willingness to tolerate the intolerable
- Collective Impact: essential in these politically divisive times
2019

400-year recognition. of African American SLAVERY

...and 400-years is enough!!
“You have always told me it takes more time. It’s taken my father’s time, my mother’s time, my uncle’s (and aunt’s time), my sister’s and brother’s time, my niece’s and my nephew’s time...(and before them it took my grand parent’s, great grandparent’s, and great great grandparent’s time. And now it denies ANY time for too many black babies). So...HOW MUCH MORE TIME DO YOU WANT for racial progress?”

NOW IS THE TIME!

(James Baldwin, 1989, The price of a ticket)
(Words in red: embellishments by art james)
Other stuff:

I have not talked about:
• Access to care
• Family Planning
• Safe Sleep
• Breast Feeding
• Preconception/inter-conception Care
• Decreasing teen pregnancies
• Eliminating smoking and drug use during pregnancy
• Fatherhood involvement
• Progesterone
• Group Prenatal care
• Perinatal Regionalization
• Community Health Workers
• WIC
• Collective Impact (essential)
• Racism (not enough said during this talk)
• FIMR/CoIIN/CIC
• Etc.

Please know all of these and many many others are extremely important and they all represent interventions you should be doing.
July, 2013: Sickened by the acquittal of Trayvon Martin’s killer, labor organizer Alicia Garza wrote, “I continue to be surprised at how little **BLACK LIVES MATTER.**”
Little Black Lives Matter....too
It always seems impossible until it's done.

-- Nelson Mandela
1918-2013
Thank you
Questions?
Contact information:

Arthur R. James MD, FACOG

ajpppinapod@gmail.com
Questions

• As a reminder:
  – Questions can be typed into the “Questions” pane
  – Due to the large number of attendees, we may not be able to get to all questions in the time allotted
  – All unanswered questions will be posted with answers on the NCFRP website
  – Recording of webinar and copy of slides will be posted within 2 weeks on the NCFRP website: [www.ncfrp.org](http://www.ncfrp.org)
Our next webinar:

NEXT WEBINAR
June 26, 2019
2:00 p.m. – 3:00 p.m.

Exploring how FIMR and CDR teams identify and address disparities

https://attendee.gotowebinar.com/register/19661866223084044
THANK YOU!

Additional questions can be directed to: info@ncfrp.org