Preventing Suicide: The Suicide Prevention Resource Center’s Effective Prevention Model

Wednesday, May 30th, 2018
2:00 PM – 3:00 PM ET
About the National Center for Fatality Review and Prevention

• The National Center for Fatality Review and Prevention (NCFRP) is a resource and data center that supports child death review (CDR) and fetal and infant mortality review (FIMR) programs around the country.

• It is funded in part by Cooperative Agreement Number UG7MC28482 from the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB).
HRSA’s Overall Vision for NCFRP

- Through delivery of data, training, and technical support, NCFRP will assist state and community programs in:
  - Understanding how CDR and FIMR reviews can be used to address issues related to adverse maternal, infant, child, and adolescent outcomes
  - Improving the quality and effectiveness of CDR/FIMR processes
  - Increasing the availability and use of data to inform prevention efforts and for national dissemination

- Ultimate Goal:
  - Improving systems of care and outcomes for mothers, infants, children, and families
Housekeeping Notes

• Webinar is being recorded and will be available within 2 weeks on our website: www.ncfrp.org

• All attendees will be muted and in listen only mode

• Questions can be typed into the “Questions” pane
  – Due to the large number of attendees, we may not be able to get to all questions in the time allotted
  – All unanswered questions will be posted with answers on the NCFRP website
Guest Speakers

Suicide Prevention Resource Center

Julie Ebin
Manager, Special Initiatives
Webinar Goals

• Explain the importance of a comprehensive approach to suicide prevention
• Describe 3 key elements of effective prevention
• Identify how to use SPRC’s website to connect with state youth suicide prevention leads
• Locate key resources for planning and implementing a comprehensive approach to suicide prevention in your state/community
Preventing Suicide: 
The Suicide Prevention Resource Center’s 
Effective Prevention Model

Julie Ebin, EdM 
Manager, Special Initiatives 
Suicide Prevention Resource Center 
Education Development Center, Inc.

May 30, 2018 
National Center for Fatality Review and Prevention
The Suicide Prevention Resource Center at EDC is supported by a grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, under Grant No. 5U79SM062297.

The views, opinions, and content expressed are the views of the authors and do not necessarily reflect the official position of SAMHSA or HHS.
Overview

• What Child Death Review Teams (CDRs) are doing with respect to suicides
• Suicide Prevention Resource Center’s (SPRC’s) Effective Prevention Model
• Connecting with state suicide prevention resources
• Community suicide prevention resources
• Q&A
About SPRC

✅ Funded since 2002 by SAMHSA, housed at EDC

✅ Training and Technical Assistance for SP Grantees and State leadership

✅ Support for health and behavioral health care organizations

✅ Secretariat support for the National Action Alliance for Suicide Prevention

✅ Library of programs with evidence of effectiveness

✅ The Weekly Spark newsletter with the latest news and research

✅ Guidance for your effective prevention approach

✅ Online, self-paced learning modules

✅ Toolkits, fact sheets, guides, reports, and more
Who’s Here?

Are you from a state or local team?
Who’s Here?

Do you have a state or local suicide prevention leader/advocate on your team?
Who’s Here?

Have you ever done a suicide review?
Child Death Review-Case Reporting System (CDR-CRS) Data: Manner Of Death = Suicide, n = 5,351

(Data download from 03/24/2017. Approved dataset for release. Suicide data from 34 states, 2004-2016)

Source: National Center for Fatality Review and Prevention, presentation to SPRC staff, 2/14/18
Suicide Deaths vs. CDR CRS

<table>
<thead>
<tr>
<th>Years 2004-2016</th>
<th>Suicide Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>U.S., ages 0-19</td>
<td>26,626 Recorded</td>
</tr>
<tr>
<td>(CDC WISQARS)</td>
<td></td>
</tr>
<tr>
<td>CDR-CRS</td>
<td>5,351 Reviews Recorded</td>
</tr>
</tbody>
</table>
### 10 Leading Causes of Death by Age Group, United States – 2016

<table>
<thead>
<tr>
<th>Rank</th>
<th>&lt;1</th>
<th>1-4</th>
<th>5-9</th>
<th>10-14</th>
<th>15-24</th>
<th>25-34</th>
<th>35-44</th>
<th>45-54</th>
<th>55-64</th>
<th>65+</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Unintentional Injury: 1,219</td>
<td>Heart Disease: 118</td>
<td>Heart Disease: 77</td>
<td>Congenital Anomalies: 146</td>
<td>Heart Disease: 949</td>
<td>Heart Disease: 3,445</td>
<td>Malignant Neoplasms: 3,309</td>
<td>Liver Disease: 8,364</td>
<td>Alzheimer’s Disease: 114,883</td>
<td>Cerebrovascular Disease: 142,142</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Pneumonia &amp; Influenza: 841</td>
<td>Heart Disease: 111</td>
<td>Congenital Anomalies: 388</td>
<td>Heart Disease: 925</td>
<td>Liver Disease: 2,851</td>
<td>Liver Disease: 6,267</td>
<td>Diabetes Mellitus: 13,448</td>
<td>Diabetes Mellitus: 50,452</td>
<td>Alzheimer’s Disease: 110,103</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Bacterial Sepsis: 583</td>
<td>Septicemia: 70</td>
<td>Influenza &amp; Pneumonia: 48</td>
<td>Chronic Lower Respiratory Disease: 75</td>
<td>Diabetes Mellitus: 211</td>
<td>Diabetes Mellitus: 2,049</td>
<td>Cerebrovascular Disease: 12,310</td>
<td>Unintentional Injury: 53,141</td>
<td>Diabetes Mellitus: 80,058</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Respiratory Distress: 488</td>
<td>Pneumonia &amp; Influenza: 40</td>
<td>Cerebrovascular Disease: 50</td>
<td>Chronic Lower Respiratory Disease: 106</td>
<td>Cerebrovascular Disease: 575</td>
<td>Cerebrovascular Disease: 1,851</td>
<td>Chronic Lower Respiratory Disease: 4,307</td>
<td>Suicide: 7,750</td>
<td>Influenza &amp; Pneumonia: 42,479</td>
<td>Influenza &amp; Pneumonia: 51,537</td>
<td></td>
</tr>
</tbody>
</table>

Connecting with Suicide Prevention Leadership

Suicide is Preventable
SPRC’s Effective Prevention Model

EFFECTIVE SUICIDE PREVENTION

STRATEGIC PLANNING

KEYS TO SUCCESS

COMPREHENSIVE APPROACH
Strategic Planning

**THE STRATEGIC PLANNING APPROACH TO SUICIDE PREVENTION**

**STEP 1:** Describe the problem and its context

**STEP 2:** Choose long-term goals

**STEP 3:** Identify key risk and protective factors

**STEP 4:** Select or develop interventions

**STEP 5:** Plan the evaluation

**STEP 6:** Implement, evaluate, and improve
Outcomes Reported by Individual Teams

- Increased suicide prevention gatekeeper training programs
- Firearm storage for parents with kids at risk
- Formed suicide coalition as a result of reviews
- Tracked ACE scores in 2016 on all FIMR, CDR and MMR
- Distributed safety kits via first responders/EMS

Source: National Center for Fatality Review and Prevention, Presentation to SPRC, 2/14/18
SPRC’s Comprehensive Approach
What are you or your Team partners doing?

- Identify and Assist
- Increase Help-Seeking
- Respond to Crisis
- Postvention
- Reduce Access to Means
- Life Skills and Resilience
- Effective Care/Treatment
- Care Transitions/Linkages
- Connectedness
SPRC’s Comprehensive Approach

Identify and Assist
Increase Help-Seeking
COMPREHENSIVE APPROACH TO SUICIDE PREVENTION
Reduce Access to Means
Effective Care/Treatment
Life Skills and Resilience
Connectedness
Care Transitions/Linkages
Respond to Crisis
Postvention

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SPRC’s Comprehensive Approach

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COMPREHENSIVE APPROACH TO SUICIDE PREVENTION

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What are you or your Team partners doing?

Identify and Assist
Increase Help-Seeking
COMPREHENSIVE APPROACH TO SUICIDE PREVENTION
Postvention
Reduce Access to Means
Effective Care/Treatment
Life Skills and Resilience
Care Transitions/Linkages
Connectedness
Questions?
Guiding Principles

KEYS TO SUCCESS

- Engaging People with Lived Experience
- Partnerships and Collaboration
- Safe and Effective Messaging and Reporting
- Culturally Competent Approaches
- Evidence-Based Prevention
Guiding Principles

KEYS TO SUCCESS

Evidence-Based Prevention
Guiding Principles

KEYS TO SUCCESS

Engage People with Lived Experience
Guiding Principles

KEYS TO SUCCESS

Safe and Effective Messaging and Reporting
SPRC’s Effective Prevention Model on [www.sprc.org](http://www.sprc.org)
Questions?
Connecting with State Suicide Prevention Resources
State Pages

States

Suicide prevention efforts can have greater power when they move beyond a single organization to reach a whole community. Find out what’s going on in your state and consider ways to join with partners to have a greater impact. Find your state below for information and resources, including:

- Contact information
- Suicide prevention plans
- State and community organizations involved in suicide prevention
- Garrett Lee Smith Suicide Prevention Act and National Strategy for Suicide Prevention (NSSP) grantees
- Current legislation and news updates

Alabama
State Contact: Betsy Cagle, (334) 206-3995, Betsy.Cagle@adph.state.al.us

Alaska
State Contact: James Gallanias, (907) 465-8536, james.gallanias@alaska.gov

Arizona
State Contact: Nikki Korch, (602) 248-8337, nikkii@teenslifeline.org

South Carolina
State Suicide Prevention Website: South Carolina Department of Mental Health
State Coalition Website: South Carolina Suicide Prevention Coalition

Contacts
Alexandra Karydi, PhD  
Program Director, South Carolina Youth Suicide Prevention Initiative  
South Carolina Department of Mental Health  
2205 Main St  
Columbia, SC 29201  
United States  
Phone: (803) 896-4352  
alexandra.karydi@ascdmh.org

Helen Pridgen, MSW, LMSW  
South Carolina Area Director  
AFSP South Carolina Chapter  
530 Knox Abbott Dr  
Cayce, SC 29033  
United States  
Phone: (803) 552-9318  
hpridgen@afsp.org

State and Community Organizations
NAMI - South Carolina  
(803) 733-9592
Mental Health America of South Carolina  
(803) 779-5363

American Foundation for Suicide Prevention - South Carolina Chapter  
(803) 552-9318

Current GLS, NSSP, and Zero Suicide Grantees
South Carolina Department of Mental Health  
See Full Listing of Grantees

All Organizations in this State

All Resources Related to South Carolina
Displaying 2 results. Refine results using the filters on the left.

 RESOURCE/PROGRAM
State Lifeline Reports: July - December, 2017

 RESOURCE/PROGRAM
NVDRS special report: Deaths from suicide among U.S. Veterans and Armed Forces

Preventing Suicide: The Suicide Prevention Resource Center’s Effective Prevention Model
Garrett Lee Smith Grantees

American Indian Health and Family Services
The AIHFS of Southeast Michigan’s R.E.S.P.E.C.T. Project, serves primarily AI/AN youth and young adults ages 10-24 in Detroit and Southeastern Michigan, with a goal to partner with tribal communities throughout the state.

Status: Active
Location: Michigan
Read more

Grand Rapids Community College
The GRCC Campus Suicide Prevention Program will build capacity for facilitating mental health education and suicide prevention. Activities will...

Status: Active
Location: Michigan
Read more

Michigan Dept. of Community Health
Michigan consistently has higher rates of suicide among youth and young adults than the nation as a whole. Building on the foundational work done in...

Status: Active
Location: Michigan
Read more

University of Michigan
The University of Michigan, as the flagship public university in the state of Michigan, educates over 43,000 students a year and is the largest...

Status: Active
Location: Michigan

Wayne State University
Wayne State University (WSU) is proposing a suicide prevention project whose purpose is to eliminate deaths by suicide in the University community...

Status: Active
Location: Michigan

American Indian Health and Family Services
The mission of American Indian Health and Family Services of SE Michigan (AIHFS) is to enhance the physical, spiritual, emotional and mental well...
Key Team Suicide Prevention Resources

Suicide Prevention Resource Center: 
www.sprc.org

Transforming Communities: Key elements for the implementation of comprehensive community-based suicide prevention 
http://www.sprc.org/resources-programs/transforming-communities-key-elements-implementation-comprehensive-community

CDC’s Preventing Suicide: A technical package of policies, programs, and practices 
http://www.sprc.org/resources-programs/preventing-suicide-technical-package-policies-programs-practices

A Strategic Planning Approach to Suicide Prevention 
https://training.sprc.org/enrol/index.php?id=7

Zero Suicide in Health and Behavioral Healthcare 
http://zerosuicide.sprc.org/

National Action Alliance for Suicide Prevention’s Framework for Successful Messaging 
http://suicidepreventionmessaging.org/
If you want to go fast, go alone.
If you want to go far,
…go together

- African Proverb

Key Takeaways
Next Steps

✓ Connect with your local or state suicide prevention leaders
✓ Consider increasing your team’s suicide reviews
✓ Work with partners to create a comprehensive, evidence-based approach to suicide prevention efforts
✓ Incorporate input from people with “lived experience”
✓ Review and keep in mind safe and effective messaging approaches
Thank you!

Julie Ebin
jebin@edc.org

EDC Headquarters
43 Foundry Avenue
Waltham, MA 02453

EDC Washington DC
1025 Thomas Jefferson Street, NW
Suite 700
Washington, DC 20007

edc.org
Questions

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NCFRP is on Social Media: NationalCFRP
What’s Next?

Our next webinar:
Planning for SIDS Awareness Month
A CDC SUID and SDY Case Registry Webinar

Tuesday
July 17, 2018
2:00 PM – 3:00 PM ET

https://register.gotowebinar.com/register/6070691060395808002
THANK YOU!

Additional questions can be directed to: info@ncfrp.org