

Grief Books

Parents:

Understanding Your Grief: 10 Essential
Touchstones for Finding Hope & Healing Your
Heart
Alan Wolfelt

Healing A Parent's Grieving Heart

Alan Wolfelt

Tear Soup: A Recipe for Healing After Loss (for the whole family)

Pat Schwiebert and Chuck DeKlyen

When A Man Faces Grief

Thomas R. Golden and James E. Miller

Teens:

When a Friend Dies: A Book for Teens about Grieving & Healing

M. Gootman

When Death Walks In: For Teenagers Facing Grief

Mark Serivani

Fire in My Heart, Ice in My Veins: A Journal for Teenagers

E. Traisman

Children:

Healing Your Grieving Heart for Kids

Alan Wolfelt

Lifetimes (elementary age and toddler)

Brian Mellonie and Robert Ingpen

The Invisible String (elementary age)

Laura Dower

What on Earth Do You Do When Someone Dies? (8-12yr olds)

Trevor Roman

Something Very Sad Happened: A Toddler's Guide to Understanding Death

Bonnie Zucker

For more grief book resources, please contact the Bereavement Coordinator, Nichole Schwerman, at 414-266-2995 or nschwerman@chw.org