



**Q&A from Webinar:  
Review of Infant Deaths due to Congenital Anomalies  
February 19, 2020**

1. After a fetal demise at 20 weeks how long should a woman wait to try to conceive again?
  - a. *(Dr. Gibson): After a loss in the first trimester I usually recommend waiting for the next period. At 20 weeks, I usually recommend waiting 3-6 months. If the patient has a medical co-morbidity that may have contributed to the loss (ex. poorly controlled diabetes), then I recommend waiting longer until that comorbidity is well controlled.*

For additional resources on interpregnancy intervals:

- “Born too soon: the global action report on preterm birth”. Geneva: WHO: World Health Organization; 2012. Available at: [http://www.who.int/pmnch/media/news/2012/201204\\_born\\_too\\_soon\\_report.pdf](http://www.who.int/pmnch/media/news/2012/201204_born_too_soon_report.pdf)
- “Interpregnancy Care”, Obstetric Care Consensus, American College of Obstetricians and Gynecologists (ACOG) and the Society for Maternal-Fetal Medicine (SMFM): <https://www.acog.org/Clinical-Guidance-and-Publications/Obstetric-Care-Consensus-Series/Interpregnancy-Care?IsMobileSet=false>